Hepatitis A Virus Infection: Stop the Spread

about Hepatitis A?

Why should you care If a person has an infection with the Hepatitis A virus, it can easily spread from person-to-person and cause liver disease or serious illness. In 2017, Hepatitis A has caused 4 deaths in San Diego County.

How does it spread?

- Touching objects or eating food that someone with Hepatitis A infection has handled
- Having sex with someone who has a Hepatitis A infection
- By the fecal-oral route (when an uninfected person ingests food or water that has been contaminated with even a tiny or microscopic amount of feces from an infected person

How can you prevent Hepatitis A?

- Get the Hepatitis A vaccine

- Don't have sex with someone who has Hepatitis A infection
- Use your own towels, toothbrushes, eating utensils, or other personal items
- Don't share food, drinks, or smokes with other people
- Wash your hands frequently, especially after using the bathroom or changing diapers, and before handling food

Symptoms

Fever, Fatigue, Nausea, Vomiting, Loss of Appetite, Stomach Pain, Jaundice (yellowing of the skin or eyes), Dark Urine, Pale Stools, Diarrhea

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Protect yourself from Hepatitis A Viral Infection!

Hepatitis A Virus Infection is on the rise in Santa Cruz County. Hepatitis A can be prevented with a safe and effective vaccine. Visit the below locations and ask for Hepatitis A vaccine.

Santa Cruz Health Center

1080 Emeline Ave. Santa Cruz, CA (831) 454-4100 Mon-Fri 1:30pm-4pm

SSP Emeline Exchange

1080 Emeline Ave. Santa Cruz, CA Monday 9am—12pm Tuesday 5pm—7pm

Watsonville Health Center

1430 Freedom Blvd, Suite D, Watsonville, CA (831) 763-8400 Mon-Fri 1pm-3:45pm

HPHP Coral Street Clinic

115-A Coral St. Santa Cruz, CA
(831) 454-2080/toll-free: (866) 731-4747
Monday—Thursday 8am—12pm, 1pm—5pm
Friday 8am—12pm, 1pm—3pm



Questions: Contact the Public Health Nurse's Line at (831) 454-4114

www.santacruzhealth.org/hepa



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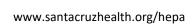
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